
DIGITAL CHANT STAND

OF THE GREEK ORTHODOX ARCHDIOCESE OF AMERICA

The Service of Matins

on Sunday, January 25, 2026

Octoechos - Mode pl. 4
on Sunday Morning
Eothinon 11

Menaion - January 25
Memory of St. Gregory the Theologian
Katavasias of the Meeting

Text in English

Links to Matins Ordinary

Bilingual

dcs.goarch.org/goa/dcs/p/b/matinsordinary/normal/gr-en/bk.matinsordinary.normal.pdf

English

dcs.goarch.org/goa/dcs/p/b/matinsordinary/normal/en/bk.matinsordinary.normal.pdf

Sources

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TC Thomas Carroll. **VPA** Virgil Peter Andronache. **GOA** Greek Orthodox Archdiocese of America. **HC** Holy Cross Orthodox Press. **OCA** Orthodox Church in America.

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Books - Sources

Octoechos - Mode pl. 4.

On Sunday Morning

Menaion - January 25

Memory of St. Gregory the Theologian

MATINS

CHOIR

Mode pl. 4.

God is the Lord, and He revealed Himself to us. Blessed is he who comes in the name of the Lord. [\[SAAS\]](#)

Verse 1: *Give thanks to the Lord and call upon His holy name.*

Verse 2: *All the nations surrounded me, but in the name of the Lord I defended myself against them.*

Verse 3: *And this came about from the Lord, and it is wonderful in our eyes.*

From Octoechos - - -

Resurrectional Apolytikion.

Mode pl. 4.

You descended from on high, O compassionate One, and consented to a three-day burial, to free us from the passions. O Lord, our life and resurrection, glory to You! [\[GOASD\]](#)

Glory. **For the Saint.**

From Menaion - - -

Mode 1.

The shepherd's pipe of your theology overpowered the horns of the orators. For the more you plumbed the depths of the Spirit, ever greater eloquence was bestowed on you. O Father Gregory, intercede with Christ God, entreating Him to save our souls. [\[GOASD\]](#)

Both now. **Theotokion.**

From Octoechos - - -

Mode 1. The stone having been sealed.

Toῦ λίθου σφραγισθέντος.

When Gabriel had said to you, "Rejoice!" blessed Virgin, * and you had voiced your assent, the Lord of all became incarnate * in you, who became the holy Ark, * as righteous King David said of old. * You carried your Creator, and thus your womb was wider than the heavens. * Glory to Him who dwelt inside of you! * Glory to Him who came forth from You! * Glory to Him who through your childbirth has set us free! [\[GOASD\]](#)

PRIEST

Again and again in peace let us pray to the Lord.

CHOIR: Lord, have mercy.

PRIEST

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

CHOIR: Lord, have mercy.

PRIEST

Remembering our all-holy, immaculate, most blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

CHOIR: To You, O Lord.

PRIEST

For Yours is the dominion, and Yours is the kingdom and the power and the glory, of the Father and the Son and the Holy Spirit, now and ever and to the ages of ages.

CHOIR: Amen.

Kathisma I.

From Octoechos - - -

Mode pl. 4. Automelon.

Ανέστης ἐκ νεκρῶν.

O Life of all, You rose from the dead; and an Angel, * his countenance like lightning, called out to the women, * “Weep no more! But go quickly and bring to the Apostles the tidings of joy. * Sing out in exultation, ‘Truly risen from the dead is Christ the Lord, * who was well pleased to save the human race, as God our only Savior.’” [GOASD]

Glory.

Mode pl. 4. By conceiving the Wisdom.

Τὴν Σοφίαν καὶ Λόγον.

Having risen indeed from the tomb, O Lord, * as recorded in Scripture, You told the devout * women to proclaim Your resurrection to the Apostles. * Then Peter came out and he ran to the tomb; * he was amazed beholding the light in the sepulcher. * Looking in he saw that Your holy body was missing; * the napkin and linen cloths were by themselves, lying separately. * Then he believed it and cried aloud, * “Glory to You, Christ God, for You save all people, O Savior! * You are the reflection of the Father’s glory!” [GOASD]

Both now. **Theotokion.**

You were born of a Virgin, and You endured crucifixion for us, O good Lord. By Your death You divested death of spoils, and You displayed resurrection, as God. Please do not despise us, the work of Your hand. Demonstrate Your loving kindness, O merciful Master. Defer to Your Mother, the Theotokos, when she intercedes on our behalf, and save us, Your people in despair, O Savior. [GOASD]

From Octoechos - - -

Kathisma II.

Mode pl. 4.

Human beings put a seal on Your tomb; an Angel rolled the stone away from its door. Women

saw You risen from the dead, O Savior, and they brought the joyful news to Your disciples in Zion, that You the life of all had risen, and that the bonds of death were shattered. Glory to You, O Lord!

[GOASD]

Glory.

Mode pl. 4. O Life of all, You rose.

Ανέστης ἐκ νεκρῶν.

The women who were taking the burial spices * heard an angelic voice from the sepulcher saying, * “Weep no more! And instead of your sorrow take with you the tidings of joy. * Sing out in exultation, ‘Truly risen from the dead is Christ the Lord, * who was well pleased to save the human race, as God our only Savior.’” [GOASD]

Both now. **Theotokion.**

In you, O Lady full of grace, all creation rejoices, the hosts of Angels and the human race. O consecrated temple and allegorical Paradise, virgins boast of you. For God became incarnate from you, yes, our eternally existing God became a child from you. He made a throne of your womb, and He made your body wider than the heavens. In you, O Lady full of grace, all creation rejoices. Glory to you! [GOASD]

Kathisma III. For the Saint.

From Menaion - - -

Mode pl. 4. By conceiving the Wisdom.

Τὴν Σοφίαν καὶ Λόγον.

You exposed the delusion of those who erred * and expounded the Scriptures most piously, * O hierarch worthy of admiration, transmitting thus * dogmas sweeter than honey delighting believers’ hearts, * teaching all to adore the one Godhead in Trinity. * Hence you advocated that the form of the Savior * in icons, His humanity, receive relative worship. * O Theologian Gregory, * intercede with Christ our God, that He grant forgiveness of

offenses * to those who with longing observe your holy memory. [SD]

Glory. Both now. **Theotokion.**

Mode pl. 4. By conceiving the Wisdom.

Come, all Nations, and uttering godly words * to the Mother of Him who created all, * let us offer hymns of praise. O rejoice, as the fiery throne * of the one who is Lord of all, yes, of Jesus the King of all. * O rejoice, only Lady of the world, All-immaculate. * Ever-virgin Mary and all-praised Theotokos, * rejoice, for you are the bright, wholly undefiled vessel * of the Holy Trinity, * Father, Son, and Spirit, our God. * O rejoice, decorous Bride adorned with the sun. * O rejoice, as the joy of all who sing your praise. [SD]

Resurrectional Evlogetaria.

Mode pl. 1.

Blessed are You, O Lord, teach me Your statutes.

When the hosts of the Angels saw how You were accounted among the dead, they all marveled. You, O Savior, are the One who destroyed the might of death; and when You arose You raised Adam with yourself and from Hades liberated everyone. [SD]

Blessed are You, O Lord, teach me Your statutes.

“Why do you mingle the ointments with your tears full of pity, O women disciples?” Thus the Angel who was shining in the tomb cried to the myrrh-bearing women. “See for yourselves the empty tomb and understand, that the Savior has risen from the sepulcher.”

Blessed are You, O Lord, teach me Your statutes.

Very early in the morning, the myrrh-bearing women were hastening to Your tomb lamenting. But the Angel appeared to them and uttered, “The time for lamentation has ended; weep no more. Go announce the Resurrection to the Apostles.”

Blessed are You, O Lord, teach me Your statutes.

When the myrrh-bearing women had come with their spices to Your sepulcher, O Savior, they heard the voice of an Angel clearly speaking to them, “Why do you account among the dead the One who lives? For as God, He has risen from the sepulcher.”

Glory.

We bow down in worship to the Father and His Son and the Holy Spirit, the Holy Trinity, one in essence; and we cry aloud with the Seraphim: Holy, Holy, Holy are You, O Lord.

Both now.

Giving birth to the Giver of life, O Virgin, you delivered Adam from sin, and to Eve you have rendered joy in place of sorrow. He who from you became incarnate, God and man, has directed to life him who fell from it.

Alleluia. Alleluia. Alleluia. Glory to You, O God. (3)

PRIEST

Again and again in peace let us pray to the Lord.

CHOIR: Lord, have mercy.

PRIEST

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

CHOIR: Lord, have mercy.

PRIEST

Remembering our all-holy, immaculate, most blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

CHOIR: To You, O Lord.

PRIEST

For blessed is Your name, and glorified is Your kingdom, of the Father and the Son and the Holy Spirit, now and ever and to the ages of ages.

CHOIR: Amen.

READER

From Octoechos - - -

Hypakoe. Mode pl. 4.

The Myrrh-bearing Women went to the tomb of the Giver of Life, seeking the immortal Master among the dead. And receiving good tidings of joy from the Angel, they reported to the Apostles, that the Lord had risen, granting the great mercy to the world. [\[GOASD\]](#)

CHOIR

Anavathmoi.

Antiphon 1. Mode pl. 4.

From my youth the enemy tempts me, with the pleasures he inflames me. But trusting in You, O Lord, I repel and vanquish him. [\[GOASD\]](#)

Let those who hate Zion become like the grass before it is plucked up. For Christ will cut their necks in pieces with the cutting blade of torments.

[\[GOASD\]](#)

Glory. Both now.

In the Holy Spirit is the life of all things living. He is light from light and great God. We extol Him with the Father and the Logos. [\[GOASD\]](#)

Antiphon 2.

Let my heart be humble-minded and covered with the fear of You, O Lord, lest it be exalted and fall from You, all-compassionate Master. [\[GOASD\]](#)

Whoever hopes in the Lord will not fear when He will judge and punish all things with fire. [\[GOASD\]](#)

Glory. Both now.

In the Holy Spirit every holy person sees and speaks as a prophet. They do sublime miracles, praising the one God in three persons. For though It shines with three-fold light, yet the Godhead rules as monarch. [\[GOASD\]](#)

Antiphon 3.

I cried to You, O Lord. Attend to me. Incline Your ear to me who am crying, and purify me prior to taking me from this life. [\[GOASD\]](#)

Everyone who sets in the earth, his mother, will again return thence, to receive the torments or honors for his life's actions. [\[GOASD\]](#)

Glory. Both now.

From the Holy Spirit comes theology. One God, thrice-holy: The Father is without beginning, and the Son came from Him eternally, and the Spirit, sharing form and throne, shone at once from the Father. [\[GOASD\]](#)

Antiphon 4.

Behold now, what is so good or so pleasant as for brethren to dwell together? For in this the Lord has promised life everlasting. [\[GOASD\]](#)

He who adorns the lilies of the field
commands us not to be concerned about our
clothing. [GOASD]

Glory. Both now.

In the Holy Spirit, the unifying Cause, all
things are sustained in peaceful coexistence. This is
so for He is God, with the Father and the Son being
truly one in essence. [GOASD]

Prokeimenon.

The Lord shall reign forever; your God, O
Zion, to all generations. (2)

Verse: *Praise the Lord, O my soul!*

The Lord shall reign forever; your God, O
Zion, to all generations. [SAAS]

PRIEST

Again and again in peace let us pray to the
Lord.

CHOIR: Lord, have mercy.

PRIEST

Help us, save us, have mercy on us, and
protect us, O God, by Your grace.

CHOIR: Lord, have mercy.

PRIEST

Remembering our all-holy, immaculate,
most blessed, and glorious Lady, the Theotokos
and ever-virgin Mary, with all the saints, let us
commend ourselves and one another and our
whole life to Christ our God.

CHOIR: To You, O Lord.

PRIEST

For You are the King of peace and the
savior of our souls, and to You we offer up
glory, to the Father and the Son and the Holy
Spirit, now and ever and to the ages of ages.

CHOIR: Amen.

READER

From Octoechos - - -

Resurrectional Kontakion.

When You rose from the grave, You also
raised the dead, and You resurrected Adam.
Because of Your Resurrection, Eve is rejoicing,
and people the world over celebrate Your
resurrection from the dead, O very merciful
Lord. [GOASD]

Oikos.

When You ransacked the realm of Hades,
and You raised the dead, O long-suffering
Master, You met the Myrrh-bearing Women,
and You gave them joy in place of sorrow.
You showed Your Apostles the marks of
Your victory, O Savior and Giver of Life,
and You illumined creation, O benevolent
God. Therefore the world also celebrates Your
resurrection from the dead, O very merciful
Lord. [GOASD]

Kontakion. For the Saint.

From Menaion - - -

Mode 3. On this day.

Ἡ Παρθένος σήμερον.

With your theologic tongue having
unraveled the weavings of the rhetors,
you adorned the Church of Christ with the
garment woven from above with Orthodox
dogmas. Wearing it, the Church with us, your
descendants, cries out, O rejoice! glorious
Father, you are the utmost theological mind. [SD]

Oikos.

Fill my mind, poor and sorry, with your
theological and lofty wisdom, so that I may
extol your life, O Father; for I will not be

able to offer you a word, unless you grant me eloquence and knowledge, ability and understanding, so that I may offer you “thine own of thine own”; and from the wealth of your virtues I may have the wherewithal to crown your divine and holy head, and with the faithful cry out, O rejoice! glorious Father, you are the utmost theological mind. [SD]

Stand for the reading of the Synaxarion.

Synaxarion

From the Menaion.

On January 25, we commemorate our father among the saints Gregory the Theologian, Archbishop of Constantinople.

On this day we also commemorate our devout father Publius.

On this day we also commemorate our devout father Mares.

On this day, Saint Medula and those with her died by fire.

On this day we also commemorate our devout father Demetrios the Sacristan.

On this day, devout saint Apollo died in peace.

The holy Neomartyr Auxentius, who witnessed in Constantinople in the year 1720, died by the sword.

By their holy intercessions, O God, have mercy on us. Amen.

CHOIR

Katavasias of the Meeting

Ode i. Mode 3.

Sunlight once hovered over the abyssal plain that was rendered dry of old. * For the water like a wall on either side became solid, * and people walked across on dry land and sang an ode, pleasing to God, * “Sing to the Lord, who triumphed; for He is greatly glorified.” [GOASD]

Ode iii.

As the firm support of those who hope in You firmly, * O Lord and our Savior, support us, Your holy * Church You purchased * with Your most precious blood, O Christ. [GOASD]

Ode iv.

The heavens were covered by Your virtue, O Christ. * For coming forth from the Ark of Your holiness, Your Mother who sustained no corruption, * You appeared today in Your glorious Temple, as an infant held in arms. * And the entire creation was filled with Your praise. [GOASD]

Ode v.

Isaiah had a mystical vision of God * sitting on a throne lifted up, * and around Him stood the glorious Seraphim. * The Prophet cried out, “Woe is me! * With my eyes I have foreseen incarnate God; * and He is the Master of never-setting light and peace.” [GOASD]

Ode vi.

To You, the Elder cried out, on seeing * with his own eyes the salvation that You prepared for all people, * “God from God are You, Christ my Savior.” [GOASD]

Ode vii.

Servants in the furnace spoke of God. * You bedewed them, O God the Logos; * and You dwelt

in the womb of the immaculate, holy Virgin. We praise You * and sing to You devoutly: * Blessed are You, O Lord, the God of our fathers. [GOASD]

Ode viii.

We praise and we bless and we worship the Lord.

Unharmed were the young men, who were champions * of belief in God, when they were thrown into the furnace * and they faced unbearable fire; and they sang a hymn to God: * “All you works of the Lord, bless the Lord, * and exalt Him beyond measure unto all the ages.” [GOASD]

Stand for the Gospel reading.

DEACON: Let us pray to the Lord.

CHOIR: Lord, have mercy.

PRIEST

For You, our God, are holy, and You rest among the holy ones, and to You we offer up glory, to the Father and the Son and the Holy Spirit, now and ever and to the ages of ages.

CHOIR: Amen.

Mode 2.

Let everything that breathes praise the Lord.

(2) Let everything that breathes praise the Lord.

[SAAS]

DEACON

Let us pray to the Lord our God that we may be made worthy to hear the holy Gospel.

CHOIR: Lord, have mercy. **(3)**

DEACON

Wisdom. Arise. Let us hear the holy Gospel.

PRIEST: Peace be with all.

CHOIR: And with your spirit.

PRIEST

The reading is from the holy Gospel according to John.

DEACON: Let us be attentive.

CHOIR

Glory to You, O Lord, glory to You.

PRIEST (from the altar table)

Eothinon 11

John. 21:14 – 25

At that time, Jesus revealed himself to the disciples after he was raised from the dead. And he said to Simon Peter, “Simon, son of John, do you love me more than these?” He said to him, “Yes, Lord; you know that I love you.” He said to him, “Feed my lambs.” A second time he said to him, “Simon, son of John, do you love me?” He said to him, “Yes, Lord; you know that I love you.” He said to him, “Tend my sheep.” He said to him the third time, “Simon, son of John, do you love me?” Peter was grieved because he said to him the third time, “Do you love me?” And he said to him, “Lord, you know everything; you know that I love you.” Jesus said to him, “Feed my sheep. Truly, truly, I say to you, when you were young, you girded yourself and walked where you would; but when you are old, you will stretch out your hands, and another will gird you and carry you where you do not wish to go.” (This he said to show by what death he was to glorify God.) And after this he said to him, “Follow me.” Peter turned and saw following them the disciple whom Jesus loved, who had lain close to his breast at the supper and had said, “Lord, who is it that is going to

betray you?" When Peter saw him, he said to Jesus, "Lord, what about this man?" Jesus said to him, "If it is my will that he remain until I come, what is that to you? Follow me!" The saying spread abroad among the brethren that this disciple was not to die; yet Jesus did not say to him that he was not to die, but, "If it is my will that he remain until I come, what is that to you?" This is the disciple who is bearing witness to these things, and who has written these things; and we know that his testimony is true. But there are also many other things which Jesus did; were every one of them to be written, I suppose that the world itself could not contain the books that would be written.

Amen. [RSV]

CHOIR

Glory to You, O Lord, glory to You.

READER

Having beheld the Resurrection of Christ, let us worship the holy Lord Jesus, the only sinless one. Your Cross, O Christ, we venerate, and Your holy Resurrection we praise and glorify. For You are our God; apart from You we know no other; we call upon Your name. Come, all faithful, let us venerate the holy Resurrection of Christ; for behold, through the Cross, joy has come to the whole world. Ever blessing the Lord, let us praise His Resurrection; for having endured the Cross for us, He destroyed death by death. [GOA]

CHOIR

Psalm 50 (51).

Mode 2. (*or the Mode of the week*)

Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression.

Wash me thoroughly from my lawlessness and cleanse me from my sin.

For I know my lawlessness, and my sin is always before me.

Against You only have I sinned and done evil in Your sight; that You may be justified in Your words, and overcome when You are judged.

For behold, I was conceived in transgressions, and in sins my mother bore me.

Behold, You love truth; You showed me the unknown and secret things of Your wisdom.

You shall sprinkle me with hyssop, and I will be cleansed; You shall wash me, and I will be made whiter than snow.

You shall make me hear joy and gladness; my bones that were humbled shall greatly rejoice.

Turn Your face from my sins, and blot out all my transgressions.

Create in me a clean heart, O God, and renew a right spirit within me.

Do not cast me away from Your presence, and do not take Your Holy Spirit from me.

Restore to me the joy of Your salvation,
and uphold me with Your guiding Spirit.

I will teach transgressors Your ways, and
the ungodly shall turn back to You.

Deliver me from bloodguiltiness, O God,
the God of my salvation, and my tongue shall
greatly rejoice in Your righteousness.

O Lord, You shall open my lips, and my
mouth will declare Your praise.

For if You desired sacrifice, I would give
it; You will not be pleased with whole burnt
offerings.

A sacrifice to God is a broken spirit,
a broken and humbled heart God will not
despise.

Do good, O Lord, in Your good pleasure to
Zion, and let the walls of Jerusalem be built.

Then You will be pleased with a sacrifice
of righteousness, with offerings and whole
burnt offerings.

Then shall they offer young bulls on Your
altar. And have mercy on me, O God. [SAAS]

Glory.

At the intercession of the Apostles, O Lord of
mercy, blot out my many offenses. [SD]

Both now.

At the intercession of the Theotokos, O Lord
of mercy, blot out my many offenses. [SD]

Verse: *Have mercy on me, O God,
according to Your great mercy; and according*

*to the abundance of Your compassion, blot out
my transgression.*

Jesus, having risen from the grave as He
foretold, has granted us eternal life and great
mercy. [SD]

PRIEST

O God, save Your people and bless Your
inheritance. Look upon Your world with mercy
and compassion. Raise the Orthodox Christians
in glory, and send down upon us Your rich
mercies:

through the intercessions of our all-
immaculate Lady Theotokos and ever-
virgin Mary, by the power of the precious
and life-giving Cross, the protection of the
honorable, heavenly, bodiless powers, the
supplications of the honorable, glorious
prophet and forerunner John the Baptist, the
holy, glorious, and praiseworthy apostles,
our fathers among the saints, the great
hierarchs and ecumenical teachers, Basil the
Great and John Chrysostom, Athanasius,
Cyril, and John the Merciful, patriarchs
of Alexandria, Nicholas, bishop of Myra,
Spyridon, bishop of Trimythous, Nektarios
of Pentapolis, the wonderworkers; the holy,
glorious, great martyrs George the triumphant,
Demetrios the myrrh-streamer, Theodore the
soldier, and Theodore the general; Menas the
wonderworker; Charalampus and Eleutherius,
the hieromartyrs; the holy, glorious, and
victorious martyrs; the glorious great Martyr
and all-laudable Euphemia; the holy and
glorious Martyrs Thecla, Barbara, Anastasia,
Catherine, Kyriaki, Photini, Marina, Paraskevi
and Irene; our venerable and God-bearing
fathers; (local patron saint); the holy and
righteous ancestors of God Joachim and
Anna; our father among the saints Gregory the

Theologian, Archbishop of Constantinople, whose memory we celebrate; and all Your saints:

We beseech you, only merciful Lord, hear us sinners who pray to you and have mercy on us.

CHOIR: Lord, have mercy. (12)

PRIEST

Through the mercy, compassion, and love for humankind of Your only-begotten Son, with whom You are blessed, and Your all-holy, good and life-creating Spirit, now and ever and to the ages of ages.

CHOIR: Amen.

Stand for the singing of Ode ix.

DEACON

Let us honor and magnify in song the Theotokos and the Mother of the light.

CHOIR

Ode ix.

The Magnificat. Mode 3.

Verse: *My soul magnifies the Lord, and my spirit has rejoiced in God my Savior.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [GOASD]

Verse: *For He has regarded the lowly state of His maidservant; for behold, henceforth all generations will call me blessed.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the

Word, and are truly Theotokos. You do we magnify. [GOASD]

Verse: *For He who is mighty has done great things for me, and holy is His name. And His mercy is on those who fear Him from generation to generation.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [GOASD]

Verse: *He has shown strength with His arm; He has scattered the proud in the imagination of their hearts.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [GOASD]

Verse: *He has put down the mighty from their thrones, and exalted the lowly. He has filled the hungry with good things, and the rich He has sent away empty.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [GOASD]

Verse: *He has helped His servant Israel, in remembrance of His mercy, as He spoke to our fathers, to Abraham and to his seed forever.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the

Word, and are truly Theotokos. You do we magnify. [GOASD]

Ode ix. Katavasia. Mode 3.

*Theotokos, as the hope of us Christians, one and all, * guard and shelter and protect those who put their hope in you.*

In the shadow and the letter of the Law, * we the faithful perceive the decree: * Consecrate to God every male, the first-born opening the womb. * Now the unoriginate Father's first-born Logos and Son * is also first-born of a virgin Mother, and we magnify Him. [GOASD]

PRIEST

Again and again in peace let us pray to the Lord.

CHOIR: Lord, have mercy.

PRIEST

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

CHOIR: Lord, have mercy.

PRIEST

Remembering our all-holy, immaculate, most blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

CHOIR: To You, O Lord.

PRIEST

For all the powers of heaven praise You, and to You they offer up glory, to the Father and the Son and the Holy Spirit, now and ever and to the ages of ages.

CHOIR: Amen.

CHOIR

Mode 2.

Holy is the Lord our God. (2)

Exalt the Lord our God, and worship at the footstool of His feet.

For He is holy. [SAAS]

From Octoechos - - -

Exapostilarion.

Eothinon 11.

Mode 2. Let us in faith.

Toῖς Μαθηταῖς συνέλθωμεν.

After He rose as God, the Lord * ascertained whether Peter * loved Him, by asking him three times, * "Do you love Me?" then named him * to be chief shepherd of His sheep. * Peter saw following them * the disciple whom Jesus loved, * and he asked Jesus, "Lord, and what about him?" * Jesus said, "What is it to you if it is * my will that he remain until * I come again, friend Peter?" [GOASD]

For the Saint.

For the Saint.

From Menaion - - -

Mode 2. Let us in faith.

Toῖς Μαθηταῖς συνέλθωμεν.

You taught that we should all adore * the tri-hypostatic Monad, * which is a perfect Trinity, * in Divinity single, * O very wise Theologian, * saying, light is the Father, * light is the Son, and light again * is the all-holy Spirit, and yet one light, * undivided, unconfused; for God is one. * Thus you proclaimed, O Gregory, * the homoousian doctrine. [SD]

Another.

Mode 2. Let us in faith.

Toῖς Μαθηταῖς συνέλθωμεν.

You employed your grandiloquence * of your dogmas most wisely * to publicly theologize * about the secret depths of the mysteries of the Lord Christ. * You delivered orations * on the saints'

lives and martyrdoms, * O Gregory thrice-blessed.
Now being god * by participation in God, I pray
you, * save me and take me into your * dwellings,
O Theologian. [\[SD\]](#)

Theotokion.

Mode 2. *Let us in faith.*

Standing with her who bore our God, * Mary
the holy Virgin, * before the unapproachable *
Trinity, there with Basil * the Great, are you, O all-
wise one. * Together intercede now * for lasting
peace throughout the world, * victories to our
rulers; whereas for us * who extol you, Greg'ry
the Theologian, * Orator of the Church of Christ, *
may we obtain salvation. [\[SD\]](#)

Lauds. Mode pl. 4.

Let everything that breathes praise the Lord.
Praise the Lord from the heavens, praise Him in the
highest. It is fitting to sing a hymn to You, O God.
[\[SAAS\]](#)

Praise Him, all you His angels; praise Him, all
you His hosts. It is fitting to sing a hymn to You, O
God. [\[SAAS\]](#)

Praise Him, sun and moon; praise Him, all you stars and
light.

Praise Him, you heavens of heavens, and you waters
above the heavens. Let them praise the Lord's name.

For He spoke, and they were made; He commanded, and
they were created.

He established them forever and unto ages of ages; He
set forth His ordinance, and it shall not pass away.

Praise the Lord from the earth, you dragons and all the
depths.

Fire and hail, snow and ice, stormy wind, which
perform His word.

Mountains and all the hills, fruitful trees and all cedars.

Wild animals and all cattle, creeping things and flying
birds.

Kings of the earth and all peoples, princes and all judges
of the earth.

Young men and maidens, elders with younger, let them
praise the Lord's name, for His name alone is exalted.

His thanksgiving is in earth and heaven. And He shall
exalt the horn of His people.

A hymn for all His saints, for the children of Israel, a
people who draw near to Him.

Sing to the Lord a new song, His praise in the assembly
of His holy ones.

Let Israel be glad in Him who made him, and let the
children of Zion greatly rejoice in their King.

Let them praise His name with dance; with tambourine
and harp let them sing to Him.

For the Lord is pleased with His people, and He shall
exalt the gentle with salvation.

The holy ones shall boast in glory, and they shall greatly
rejoice on their beds.

The high praise of God shall be in their mouth and a
two-edged sword in their hand.

To deal retribution to the nations, reproofing among the
peoples.

To shackle their kings with chains and their nobles with
fetters of iron.

From Octoechos - - -

Resurrectional Stichera.

Mode pl. 4.

*To fulfill among them the written
judgment: this glory have all His holy ones.*

[\[SAAS\]](#)

Lord, even though You were standing at
The Pavement * and Pontius Pilate was judging
You, * still You were seated with the Father
* on the throne, from which You never left. *
And when You rose from the dead * as God,
in Your benevolence, * You freed the world

from the devil's bondage, * as our Savior most compassionate. [GOASD]

Mode pl. 4.

Praise God in His saints; praise Him in the firmament of His power. [SAAS]

Lord, even though You were buried as a mortal * in a sepulcher by Jewish men, * yet a guard of soldiers was watching * over You as though a sleeping king. * As the treasure house of life, * they made it secure with a seal. * But You rose, and You have granted * our souls incorruptibility. [GOASD]

Mode pl. 4.

Praise Him for His mighty acts; praise Him according to the abundance of His greatness. [SAAS]

Lord, You have given us Your Cross as a weapon * against the devil, our enemy. * He is gripped with fear and he trembles, * for he cannot bear to see its might, * because it raises the dead; * it neutralized the power of death. * Therefore we worship You and honor * Your burial and resurrection. [GOASD]

Mode pl. 4.

Praise Him with the sound of trumpet; praise Him with the harp and lyre. [SAAS]

Your Angel, who announced Your resurrection, * on the one hand frightened * the soldiers guarding Your tomb, O Lord, * on the other hand he said to the women, * "Why do you seek the living among the dead? * As God, He has risen, * and He has granted life to the entire world." [GOASD]

Stichera. For the Saint.

From Menaion - - -

Mode 4. When you were called.

Ο ἐξ ὑψίστου κληθείς.

Praise Him with timbrel and dance; praise Him with strings and flute. [SAAS]

When you had cut through the dark cloud of the letter, * in spirit you penetrated to the highest light. * There was the heavenly radiance; hence you received it, * and with theology you enriched us all; * O Gregory, the luminary of the Church of Christ. * And by your discourses' blinding light, you dissipated * the darkened clouds of impious heresies. * Henceforth you dwell in Angels' company, * where the sound is of those keeping festival; * and you pray without ceasing * to the Lord that He will save our souls. [SD]

Praise Him with resounding cymbals; praise Him with triumphant cymbals; let everything that breathes praise the Lord. [SAAS]

Mystic are you of divine illumination, * and the second theologian, and the Trinity's * bright secretary, O Gregory, as one who teaches * on the divine Nature and ineffable. * So as you more clearly now enjoy being with God, * remember us all who honor you, and be our champion * in the defense of the Church you organized. * For as the Scripture says, your voice and words * have gone forth to the ends of the universe, * teaching all to give glory * to the consubstantial Trinity. [SD]

Verse: *My mouth shall speak wisdom, and the meditation of my heart, understanding.* [SAAS]

Divinely eloquent Father, when you planted * with your tongue the godly seed in furrows of the heart, * then to the complement of the Church you brought the harvest * of the sublime and richest theology. * With the Spirit's fire, from the Church you burned away * the thorny weeds of the

heresies; and you were bred on * the highest love for divine philosophy, * Father of Fathers and the Pastor of * Pastors, bright star of priests, and the pride and joy * of the world, and the glory * of the faithful, blessed Gregory. [SD]

Verse: *The mouth of the righteous shall meditate on wisdom, and his tongue shall speak of judgment.* [SAAS]

To the proverbial mixing bowl of wisdom * you put your most precious mouth, O Father Gregory. * Having imbibed its most sacred drink, to the believers * you have imparted sublime theology. * And you stemmed the soul-corrupting course of heresies, * for it was brimming with blasphemies. The Holy Spirit * indeed found you as the pilot of the ship, * scaring away and driving back assaults * of the impious as if but gusts of wind; * for in Monad of essence * you proclaimed the Holy Trinity. [SD]

Glory.

From Menaion ---

Mode 1.

With theological hymns, let us extol the harp of the Spirit, the destroyer of heresies, the delight of the Orthodox, the second bosom-theologian, who became an eyewitness of the Logos by his dogmas, the wise Arch-pastor of the Church's flock; and to him let us say, "You are the good Shepherd, O Gregory, who gave yourself for us, as did Christ the Teacher; and you stand in chorus now with Paul, and you intercede on behalf of our souls." [SD]

From Octoechos ---

Both now. **Theotokion.**

You are supremely blessed, O Virgin Theotokos. For through Him who from you became incarnate, Hades has been captured, and Adam has been called back; the curse has been

killed, and Eve has been freed; death has been put to death, and we have been brought back to life. Therefore we extol Him and cry out, "O Christ our God, You are blessed, for so was Your good pleasure. Glory to You!" [GOASD]

Stand for the Great Doxology.

Great Doxology

Glory be to You who showed the light. Glory in the highest to God. His peace is on earth, His good pleasure in mankind. [SD]

We praise You, we bless You, we worship You, we glorify You, we give thanks to You for Your great glory.

Lord King, heavenly God, Father, Ruler over all; Lord, only-begotten Son, Jesus Christ; and You, O Holy Spirit.

Lord God, Lamb of God, Son of the Father, who take away the sin of the world, have mercy on us, You who take away the sins of the world.

Accept our supplication, You who sit at the right hand of the Father, and have mercy on us.

For You alone are holy, You alone are Lord, Jesus Christ, to the glory of God the Father. Amen.

Every day I will bless You, and Your name will I praise to eternity, and to the ages of ages.

Vouchsafe, O Lord, this day, that we be kept without sin.

Blessed are You, O Lord, the God of our fathers, and praised and glorified is Your name to the ages. Amen.

Let Your mercy be on us, O Lord, as we have set our hope on You.

Blessed are You, O Lord. Teach me Your statutes.

Blessed are You, O Lord. Teach me Your statutes.

Blessed are You, O Lord. Teach me Your statutes.

Lord, You have been our refuge from generation to generation. I said: Lord, have mercy on me. Heal my soul, for I have sinned against You.

Lord, I have fled to You. Teach me to do Your will, for You are my God.

For with You is the fountain of life; in Your light we shall see light.

Continue Your mercy to those who know You.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

After the Doxology, sing the following Resurrectional Troparion.

Mode 4. (or the Mode of the week)

Today has salvation come to pass in the world. Let us sing to Him who resurrected from the tomb and is the Author of our life. For, destroying death by death, He gave us the victory and the great mercy. [\[SD\]](#)